

My Happy Place

Workshops by



CRAFT
HAPPY

PROPOSAL

Prepared By :
Helen Carlisle

Craft Happy
Persore
Worcestershire

CREATIVE WORKPLACES



I am a mixed media artist, creating artwork using sea glass, driftwood and shells I have beachcombed. I started my work in lockdown 2020 and quickly grew a loyal following. In October 2021, I left my full-time employment and Craft Happy became my job. I have delivered numerous workshops to the public where my aim is to encourage creativity and connection with natural resources; Attendees create their own piece of art to take away. I am now delighted to offer this to corporate clients.

There are many wellbeing benefits associated with allowing time in our busy lives for creative activity, with many companies now offering time out of the working day for this. In June 2022 I delivered my first corporate wellbeing workshop to a group of 45 research staff from Birmingham University as part of their away day and the response was overwhelmingly positive.

This document aims to introduce you to what I can offer you and your employees.

Mental Health Champion

Trainer teacher with experience teaching adult learners of all abilities.

Experience running creative workshops both with the general public and at a corporate level.

Public Liability Insurance up to £10m

DBS clearance (issued August 2021) and safeguarding training

What can I offer you?

What Others Have Said

Helen was a perfect host. Guided us, but also encouraged us to do something different if we wished. Was made to feel very welcome.

The team absolutely loved it, I'd say it's been one of our most enjoyed away days so far. Normally I get a few grumbles about the away days, but I've had nothing but positive feedback from everyone.

The Basics

All materials are provided, your employees simply need to turn up and get creative.

The activity can last between 1.5 to 2 hours

Priced at £25 per person with a minimum of £150 total fee.



Contact me at hc.crafthappy@gmail.com
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